



RENEW HEALTH
COACHING



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Opportunities to heal

Services

	Price
Initial Health Consult + Iris/Sclera Analysis	\$180
Initial Health Consult (online)	\$149
Follow up Consult (online or in clinic)	\$125
Child (<12) Health Consult + Iris Analysis	\$125
EFT Tapping Therapy 90 mins	\$170
Aromatherapy Consult (non members) 30 mins	\$49
Aromatherapy Consult (members) 30 mins	\$Free

Coaching services

12 week one-on-one coaching \$3,600

This is fully tailored to your needs & includes education and support around digestive cleansing & detoxification (inc. heavy metals & parasites), nutrition support & diet correction with plant-based wholefoods, rebuilding gut microbiome, restoring pH & alkalizing your body, reducing household chemicals & other barriers to healing.

4 week one-on-one nutrition coaching \$1,350

This is ideal if you only need support with correcting your diet. You will learn how to nourish your body with wholefoods and how to address nutritional deficiencies with the right foods. You will also learn basic detoxification principles.

4 week one-on-one liver cleansing \$1,650

This program is perfect as a next step to nutrition coaching. It includes a targeted approach specifically designed to support the liver which includes a full written protocol to expel liver and gallbladder stones.

All programs include; weekly 1hr sessions, support as needed in between sessions, program materials & colon cleansing herbs.

EFT Therapy bundles x 5 sessions \$765
EFT Therapy bundles x 10 sessions \$1,360

Guided juice / water fasting available POA
Breast explant surgery support POA

All prices include GST



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